



ROADRUNNER EXPRESS

Foster Dual Language Pk-8
Jefferson County Public Schools

Office 303 982 1680

Fax 303 982 1679

September
2022

Principal's Page

Hello Foster Families!

It has been wonderful to have our students back for a new school year and to see our community coming together again. We have already had four community events before the month of September and that feels fantastic! The month of September will bring even more opportunities for you to connect with your teachers and engage in our community. Below are some announcements and events that are coming up in September.

Cafecitos

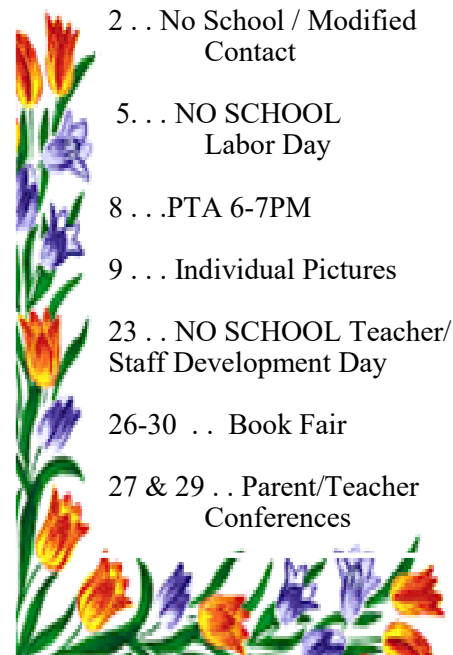
We will be having Cafecitos on Fridays at 9:00AM again this year. We will start these on August 19th with a Cafecito geared towards parents who are new to Foster. Everyone is welcome - come and join us for some coffee, yummy treats, and great conversation.

Apply for Free/Reduced

Please apply if you have not applied yet! We are at 50% free/reduced at elementary and just need to have 55% of our families qualify by October 1st to receive much needed funding for our elementary students. (We already qualify at the Middle School Level) You must apply every school year, even if you qualified last year. Those who qualify not only receive free/reduced breakfast and lunch, but also do not have to pay fees for technology, art sketch book, bus transportation, music instrument rental, field trips including attending Outdoor Lab. Families who qualify are eligible for free outings at museums, the Butterfly Pavilion, and more. It also helps our entire school community to qualify for an increase in funding and grants. For more information, be sure to read about it on the link below or reach out to our amazing Family Engagement Liaison [Kenia Quezada Leanos](#). [Espanol](#) [English](#)

PTA

Please join us for our first PTA meeting of the school year on September 8th at 6:00PM in the library. This is a fantastic and fun way to support your child in our school. Free food and child-care (for ages 5-12) will be provided.



Resident Artists

Foster is incredibly lucky to have two resident artists this school year. Ms. Aliza is our theater resident and Mr. Lucas is our music resident. Together, with our other Foster staff, we will be bringing the arts alive this school year!

Field Day

Our Foster Field day will take place on September 22nd. Please join us for this fun community event! Intermediate will participate in the morning and Primary in the afternoon. We will send more information, but please save the date!

Classroom Dojo

One of the primary ways we communicate with families is through the Classroom Dojo App. Each class in PK and each grade level in K-5 has a Dojo list. Please be sure you have signed in and connect with the teacher or Kenia if you are having trouble.

School Calendar additions

As a result of the negotiations between the district and our teacher association, there will be **additional non-student contact days** and **late start days** for students. Educators will use these planning days to work on tasks relevant to their positions that benefit student learning. The dates are as follows:

Non-student contact days:

Monday, December 19
Tuesday, December 20
Friday, March 17

2-Hour Late Start days for Teacher Time PK-12

PK-12 students start their school day **2 hours later** than their normal school day. We will begin school at 10:50 a.m. on late start days. For specific protocols around 2-hour delays, please see the inclement weather delay information; the same protocols will be followed, which includes no breakfast being served that day.

Thursday, October 27
Thursday, February 2
Thursday, May 4

Here is a link to our calendar with these days updated: [Foster School Calendar 2022-23](#)

Lock Down Drill

Our Lock Down Drill is scheduled for September 15th at 10:00AM. We will be practicing what to do in lock down during this time. Let your teacher know if you have any questions.



Conferences

Our Parent/Teacher Conferences will take place on September 27th and 29th from 4:00-8:00PM. Teachers will be in touch to set these up. PK will meet with families for 20 minutes. Families in K-5 will have 10 minutes with the English environment teacher and 10 minutes with the Spanish environment teacher. Families will be able to sign up for time with each Middle School teacher.

Remember that this does not have to be the only time that you speak to your child's teacher. If you would like to meet sooner or at another time, please email the teachers and let them know. We can always get a translator if one is needed. We are a team for you and your child!

Thank you for a great start to the school year!

Leigh Hiester Principal

Foster School Accountability Committee

Please join us for our first School Accountability Committee (SAC) meeting of the school year. The SAC meets several times a year to discuss our school Unified Improvement Plan, school budget, staffing, and student achievement. Our first meeting will be on September 29th at 2:30 in the Makerspace. Please join us!





Preschool September Newsletter

Inquiry Study #1: Who is My Community?

This inquiry study will have a content learning focus in social studies.

Within the context of community, students work together to uncover the different groups to which they belong. What makes these communities work well? How do members' similarities and differences benefit the community? Students will find connections between these communities, the role(s) they play, and ways they can give back to their communities to form a reciprocal relationship. We will be having visitors coming into our classroom to talk about their jobs and how they support our community.

Key Vocabulary for Inquiry Study

group, community, visitor, rules, responsible, share, problem, solve, feelings, similar, different, host, event

How can you help your child's learning at home?

- Read for at least 10 minutes every day.
 - Ask questions as you read.
 - Sing together
- Talk about the different community groups to which you belong (spots, church, etc).



Key Vocabulary for Literacy

Literacy skills we'll be learning include: oral language, alphabet practice, and understanding print. We have started introducing our supplemental phonic's curriculum. Students will learn the name of our Estrellita Chart in Spanish.

Key Vocabulary for Math

Math skills we'll be learning include: number recognition, counting from 1-5, 1-10, simple patterns, measuring objects with different units like cubes, paperclips, and sticks.

Important Dates

- Library checkout starts the week of August 29th- September 2nd. Ms. Anilu's checkout day will be on Wednesdays. Ms. Gisela's checkout day will be on Thursdays. Books will stay in the classroom.
- Sep 2, 2022- No school for students (Flex day-testing day)
- Sep 5, 2022- No school, Labor Day Observance.
- Sep 9, 2022- Picture day
- Sep 23, 2022- No school for students
- Sep 26-30- Book Fair
- Sep 27 & 29 Parent/Teacher Conferences



Welcome Kinder Families!

Kindergarten is such a special year in your child's academic career! We look forward to forming a solid partnership with each of you, having your child's success as our common goal.

This month in Kinder, we have been working on learning the procedures and routines of our classrooms. These routines will help us establish peaceful and safe environments in our classrooms.

We have also been busy learning about the important *Peace Promises* that will help us do our best and treat others with kindness. In addition, we have been practicing how to use the Peace Place in our classrooms.

It was a pleasure to see everyone at Back to School Night! We are also looking forward to getting to know your child through the assessments that we have started.

Hands on Parent Tip: One major part of Kinder is the importance of becoming independent. You can help by allowing your child to get dressed by him/herself, put their shoes on etc.

Ms. Alma and Ms. Shannon



Hello 1st grade grownups!

We are so excited to have your students here in our classrooms. Thank you for coming to Back to School Nights and being flexible with Ms. Brie's schedule. If you were unable to attend, below is an introduction to both of us. We are excited for the upcoming school year. We have started teaching the Math games we will play with your students and working on learning about each other's family traditions. We are starting to learn to read in Spanish and write in English. We are also working on being independent learners and part of a classroom community. Please let us know if you have any questions through Class Dojo. We somehow forgot to put pencils on the school supply list, so if you can donate a box that would be great, thank you! It's going to be a fantastic year and we can't wait!

Brie and Rosa

Hey there,

My name is Brie Montoya. I am so excited to be working with you and your students this year. I am starting my 9th year at Foster and starting my 6th year teaching in 1st grade with Mrs. Rosa. First grade is my favorite grade to teach and love to see the kids grow. It is such a fun age of wonder and excitement.

I have become the Mermaid Teacher at Foster because of my blue/teal hair along with my love for sparkles and I gladly take that role on. It hopefully adds an exciting layer to our classroom.

I am so excited to go on this journey with your student this year! It is going to be an unforgettable school year. We are all in this together!



Brie Montoya

Dear Parents,

Welcome to a new and exciting school year! My name is Rosa Simkins, I am the Spanish Environment teacher and I am so excited to work with all of you and of course to have your child in my class! This is my seventh year teaching at Foster Elementary School, I like to work with first graders. I think it is a very fun age full of curiosities and learning. Together we make a great team and with your support, we will ensure that your student's educational, social and emotional experience will be successful and positive.

Sincerely,

Rosa Simkins



Second Grade News September 2022

Literacy:

We are in the middle of our first literacy unit focused on leadership, community and making a difference in our communities and world. In English, students are focused on writing and in Spanish students are reading. This unit complements our social studies unit.

Social studies:

We are focused on helping students to resolve problems on their own and understand the difference between big problems and small problems. We are working on strategies for standing up for themselves in a respectful way and working through small conflicts with friends. Next, we will be looking at an example of a citizen that made a difference for people and looking at their character traits as examples of what a good citizen is.

Math:

Students are receiving math instruction in English. We are working on addition and subtraction within 20 moving toward 100. Students are practicing counting 2s, 5s, and 10s. Students are working on mastering addition and subtraction within 10 with the goal of being able to know without counting. that, for example, $5+5=10$. Please play card games and dice games like farkle with your students. This will help them see that math can be fun while improving their ability to recognize and use numbers.

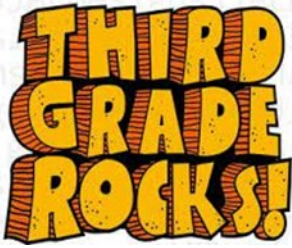
MAP Assessments

We have completed almost all make up MAP assessments and will be sharing results with you at parent/teacher conferences.

Additional Notes:

Please continue to work with your student on counting by 2s, 5s and 10s in whatever language they are most comfortable until they can easily count to 100.





Hello Third Grade Dual families,

We have truly enjoyed getting to know your students. They have learned the classroom rules, expectations and safety procedures.

Here is what we are learning in class with Ms. Paola:

In writing, we are working in Module 1 of Arriba la lectura. In this module, students are learning about realistic fiction, main characters, literary elements, the narrator's point of view and the message of the story.

In Science, we are exploring mass, force, balance and unbalance forces, energy and motion.

In SLD, our focus is to practice the vocabulary learned in reading and writing and apply it to real life situations.

Here is what we are learning in class with Ms. Mari:

In Math, we are reviewing one, two and three digit addition and subtraction with and without regrouping, we are learning to decode word problems both in English. We are using programs such as Xtra Math and Khan Academy to master our addition and subtraction facts.

In Writing, we are working in Module 1 of Into Reading and our focus is on writing personal narratives. Students are using the writing process (prewrite, draft, revise, edit and publish) to write their narratives and will conference with me to improve their writing. We hope to achieve huge growth this year in our writing!

In ELD, we will line our instruction with the literacy curriculum and build our vocabulary, decoding and spelling skills.

Reminders:

- Mondays are library checkouts so please be sure to return library books by Friday.
- If you haven't already done so, please be sure to fill out the survey we sent out in Friday folders last week.

Please be sure to provide your child with a healthy snack or make a class donation.

Important Dates:

- September 2- Assessment Day, you will be notified if your child needs to come in for an assessment
- September 5 No School Labor Day
- September 8 6-7pm PTA Meeting
- September 9- Picture Day
- September 22- Field Day
- September 23- No School
- September 27 & 29 Parent/Teacher Conference
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Ms. Paola and Ms. Mari



4th grade News

Welcome to 4th Grade. We are so excited to have your students in our class. Just a few reminders for the start of the school year. Please make sure your students have headphones that stay at school, many students are taking them home and not bringing them back. Also remember to have your students charge their Chromebook every night as we use them daily. Last, please make sure you have signed up for class dojo since that is our main communication from teachers to parents.

Field Trip: September 16th Denver Museum of Nature and Science
(Make sure to fill out the permission slip)



5th Grade

Important Dates

NO SCHOOL 9/5/2022

First Day of Band and Orchestra 9/8/2022

Picture Day 9/9/2022 Field Day 9/22/2022

Teacher Work Day- NO SCHOOL 9/23/2022

Parent/Teacher Conferences 9/27 & 9/29

Book Fair 9/26-30



Important Reminders

Band and Orchestra- Bring your instruments starting
9/8/2022

Monday 1:50

Thursday 10:20

We will be having conferences on Tuesday 9/27 & Thursday 9/29. We will send home additional information in your student's Friday Folder for sign up times.



Our Learning

Reading Inventors at Work with Fiction and Nonfiction
Readings

Writing Expository Writing of a famous inventor

Math Addition, Subtraction & Multiplication of Decimals

Science Structure and Properties of Matter

Middle School

Hello Foster Middle School families!

Welcome back to another exciting year at Foster!! It has been a great past few weeks getting to know the new middle schoolers and catching up with the returning students. Please take some time to read about what the middle schoolers will be learning this next month.

Remember to check your email biweekly for our middle school newsflash which shares important information about what's happening in middle school. Please also bookmark our middle school website, where you can access our newsflashes, resources and more!

We look forward to an amazing year with the middle school students! Please do not hesitate to reach out if you have any questions or concerns.

[Foster Middle School Website](#)

Important Dates:

Friday, September 1st: Flex Day

Monday, September 5th: No School-Labor Day

Friday, September 9th: Individual Picture Day

Friday, September 23rd: No School



Science Ms. Nidya Nidya.Caviedes@jeffco.k12.co.us

*This course is 100% in Spanish

Social Studies Mr. Casey cluebber@jeffcoschools.us

6th and 7th Grade: Legacies of Early Civilizations

After looking at the geographic region that each grade is studying (6th Grade: Western Hemisphere, 7th Grade: Eastern Hemisphere), we will study the ancient groups of the regions. There will be guidance on how to research, take notes, collaborative group projects using technology and engineering, and classroom games covering the topics.

8th Grade: US Fundamentals

Students will be looking at the founding documents of the United States and creating a Foster student government by electing leaders, establishing norms and systems, and creating laws.

Math Ms. Helena hgonzalezjorge@jeffco.k12.co.us

6th Grade: Area and Surface Area

In this unit, students learn to find areas of polygons by decomposing, rearranging, and composing shapes. They learn to understand and use the terms “base” and “height,” and find areas of parallelograms and triangles. Students approximate areas of non-polygonal regions by polygonal regions. They represent polyhedra with nets and find their surface areas.



7th Grade: Scale Drawing

In this unit, students learn to understand and use the terms “scaled copy,” “to scale,” “scale factor,” “scale drawing,” and “scale,” and recognize when two pictures or plane figures are or are not scaled copies of each other. They use tables to reason about measurements in scaled copies, and recognize that angle measures are preserved in scaled copies, but lengths are scaled by a scale factor and areas by the square of the scale factor. They make, interpret, and reason about scale drawings. These include maps and floor plans that have scales with and without units.

8th Grade: Rigid Transformations and Congruence

In this unit, students learn to understand and use the terms “reflection,” “rotation,” “translation,” recognizing what determines each type of transformation, e.g., two points determine a translation. They learn to understand and use the terms “transformation” and “rigid transformation.” They identify and describe translations, rotations, and reflections, and sequences of these, using the terms “corresponding sides” and “corresponding angles,” and recognizing that lengths and angle measures are preserved. They draw images of figures under rigid transformations on and off square grids and the coordinate plane. They use rigid transformations to generate shapes and to reason about measurements of figures. They learn to understand congruence of plane figures in terms of rigid transformations. They recognize when one plane figure is congruent or not congruent to another. Students use the definition of “congruent” and properties of congruent figures to justify claims of congruence or non-congruence

English Language Arts Ms. Gemma gemma.cullen@jeffco.k12.co.us

6th Grade: Elements & Themes in Fiction; Patterns

In this unit, students will explore elements of fiction such as key details, plot, and character traits to identify patterns, draw inferences, and analyze text evidence. We will be reading *Holes* by Louis Sachar

7th Grade: Elements & Themes in Fiction; Author's Purpose

In this unit, students will explore the interaction of fictional story elements, analyze the influence of events and ideas, and draw inferences from multiple sources of text evidence to identify a text's purpose. We will be reading *The Giver* by Lois Lowry.

8th Grade: Elements & Themes in Fiction; Context & Perspectives

In this unit, students will explore how the context and perspectives of a fictional text can influence the story and characters represented. They will analyze dialogue, explicit vs implicit detail, and modern vs traditional retellings.



Spanish Language Arts: Ms. Carissa csotorod@jeffcoschools.us

*This course is 100% in Spanish

6th Grade: Soy bilingue

In this unit, students explore their multicultural, multiracial identity through reading and viewing memoirs and anecdotes about (simultaneous) bilinguals. This is an opportunity to reflect on and embrace their roots, heritage, ethnic background and identities so that they recognize the importance of continuing their bilingual education. We will be reading *The Dreamer* by Pam Muñoz Ryan & Peter Sís.

7th Grade: Discovering my Identity

In this unit students will be focusing on reading and writing memoirs about their identity. We will be reading *House on Mango Street* by Sandra Cisneros.

8th Grade: Myths and Legends

In this unit students will study myths and legends of Latin America through reading and writing

Electives

Fitness, Health & Wellness:

World Percussion:

Introduction to Painting:

Computer Science/Digital Tools: This quarter students will be exploring digital tools available to support student creation. The goal of the class is to build knowledge and understanding about types of digital creation tools that can support learning. The outcome for students is the ability to choose digital tools which match a learning task. We are starting out with tools that build memory and the creation of learning games.

Band/Orchestra

Mr. Reading jacob.reading@jeffco.k12.co.us

Band:

Band I: Students got the year started by getting their instruments and beginning to play! Students will be reviewing and learning our first 5 notes over the next week so that they can start learning their first piece of music.

Band II: Students got started with their new warm-ups and began learning their first piece of music: *Cango Caves*. We will be having a focus on learning how to break down complex rhythms and put them into music. As we work through the pieces students will be practicing at home to become more proficient at our music so look out for some beautiful playing!



Mrs. Brells Kristen.Brells@jeffco.k12.co.us

Orchestra:

Orchestra I: This week students got an instrument and learned about the strings that each different instrument has. They have also learned the proper technique to hold their instruments and their bows. Next week students will start utilizing their bows and working on learning a piece of music.

Orchestra II: This week students got their instruments and did a quick review of the proper techniques for playing. They also started to learn new warm ups and received their first piece. We will start to work through the piece, take apart rhythms and notes then put it together in class. Practicing at home will help make playing together in class even easier and smoother.

Counselor/Mental Health

Alma Ross Counselor Voicemail: 303-982-1716 alma.ross@jeffco.k12.co.us

Adam Sweeney School Social Worker Voicemail: 303-982-2833 adam.sweeney@jeffco.k12.co.us

Alena Ruzicka Social Emotional Learning Specialist (SELS) (Monday, Wednesday-am, Thursday)
Voicemail: 303-982-5941 Google Voice (call or text): 720-523-3417 alena.ruzicka@jeffco.k12.co.us

Caroline Curtiss School Psychologist (Monday & Wednesday) Voicemail: 303-982-1021
caroline.curtiss@jeffco.k12.co.us

Lindsay Stenzel Jefferson Center School-based Clinician lindsay.stenzel@jeffco.k12.co.us

Greetings from the Mental Health Team!

We are excited to be part of the team here at Foster this school year, and know that this will be a fantastic year! We have several new faces here at Foster that we would like to introduce: Alma Ross will be our full-time School Counselor, Adam Sweeney will be our full-time Social Worker, and Alena Ruzicka will be our half-time Social Emotional Learning Specialist (SELS) this school year. Our familiar and friendly returning members of the team are our part-time School Psychologist Caroline Curtiss and our full-time Jefferson Center School-based Clinician Lindsay Stenzel.

We look forward to meeting the Foster family and working together this school year! Please feel free to reach out and connect with us with any questions, concerns, or to say hello!



ART

Hello Foster Middle school families! 1st and foremost I have to say WOW! It's a little humbling being able to see our Middle School students and how they have grown.

For the past 5 years I have been able to see so much growth and progress with each student. This is evident not only in their artwork but more importantly as students.

This year will be filled with art exploration. By Art exploration I mean we will not only look at a variety of artists and styles but we will also look at non-traditional processes of creating art.

While we may be a little sad that summer vacations are over (time flies when you're having fun) this school year will be filled with exciting projects and new discoveries. Its going to be a great year and, remember... SI SE PUEDE!





Music Notes

Katie Oaks - General Music, K-8
katie.oaks@jeffco.k12.co.us

Hello Foster families! I am so excited to be returning as your music teacher this year! We're already off to a great start. Please come by and say hello the next time you are in the building!

For our younger elementary students, we are focusing on establishing classroom routines, learning or reviewing how to play instruments with a steady beat, and finding a "bubble" to safely move and dance to all kinds of music! Students in upper elementary are singing a traditional Ghanian welcome song - in multiple languages! We are also learning different *ostinato* patterns on various instruments to accompany our singing.

Middle school students have reviewed their ukulele skills and were introduced to a new instrument, the keyboard. Due to the closure of other JeffCo schools, Foster inherited five new Wurlitzer keyboards for use in the classroom. Our middle school students are already playing songs like "Old McDonald Had a Farm" and "Happy Birthday" on our new keyboards; I'm so excited to build these skills this year!

Our middle school music elective, World Percussion, is off to a rumbling start. We are playing multi-layered rhythms and learning songs from various continents around the world.

I love to hear the joyful sounds our students make! Please ask them to share a song with you at home. 😊





New P.E. Teacher to Foster!

Hello my name is Jamie Myers. I want to introduce myself as the new P.E. teacher here at Foster! Not only am I new to Foster but I am new to Colorado! I recently moved to the Denver area with my two son's Alex 14, and Bryce 8, from Illinois. I am looking forward to all that my new home has to offer and so much more.

I have a background in business management, working as an operations manager for 13 years prior to finding my calling in education.

I graduated with my Master's of Arts in Education in 2019, and most recently taught middle school social studies before my big move to Colorado.

In my spare time I am enjoying exploring Colorado with my family, biking, and finding delicious new restaurants to try. I am extremely excited to continue to get to know the Arvada community and all the wonderful kids I get to see everyday!



FALL DIGITAL CITIZENSHIP RESOURCE



Dear Families,

Welcome back! We are so excited to have students back in the classroom ready to learn, connect, and create. Digital citizenship and digital wellness is a community partnership in Jeffco. Our district partners with *Common Sense Education* to help schools and families learn habits and skills needed to use technology safely and responsibly in school, at home, and beyond.

Throughout the year we spotlight digital citizenship themes and topics for our schools and families to engage in through conversations and learning opportunities. We invite you to explore these topics each season with us or visit www.commonsemmedia.com to support the needs of your student(s) and family.

Year At A Glance								
	Beginning of Year (August)	Fall (September - October)		Winter (November - January)		Spring (February - April)		End Of Year (May)
Theme	Community Member <i>We are responsible digital learners.</i>	Empowered Learner <i>We are kind, courageous, and empowered. We define who we are.</i>		Problem Solver <i>We are critical thinkers, creators and problem solvers. We care about everyone's privacy.</i>		Communicator <i>We find balance in our digital lives. We know the power of words and actions.</i>		Community Member <i>We are responsible digital learners.</i>
Topic	Device care (Wellness Check)	Digital Footprint & Identity	Cyberbullying , Digital Drama & Hate Speech	News & Media Literacy	Privacy & Security	Media Balance & Well-Being	Relationships & Communication	Device Care (Wellness Check)
Guiding Questions	How do I care for my device as a tool for learning?	How can I cultivate my digital identity in ways that are responsible and empowering?	How can I connect positively, treat others respectfully, and create a culture of kindness?	How can I be a critical consumer and creator of news and media?	How can I keep my personal data safe and secure?	How can we help students use media in healthy ways?	How can I communicate effectively and positively to build relationships?	How do I care for my device as a tool for learning?

Resources

<p>Digital Footprint & Identity Family</p> <div style="text-align: center;">  <small>DIGITAL FOOTPRINT & IDENTITY</small> <i>We define who we are.</i> </div> <p>Tips Sheet Grades K-5 English Spanish</p> <p>Grades 6-12 English Spanish</p> <p>Discussion Question for School and Home: How can I cultivate my digital identity in ways that are responsible and empowering?</p>	<p>Cyberbullying, Digital Drama & Hate Speech Family Tips Sheet</p> <div style="text-align: center;">  <small>CYBERBULLYING, DIGITAL DRAMA & HATE SPEECH</small> <i>We are kind & courageous.</i> </div> <p>Grades K-12 English Spanish</p> <p>Discussion Question for School and Home: How can I connect positively, treat others respectfully, and create a culture of kindness?</p>
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Welcome back Foster families!

For those of you that don't know, I am **Chaley Garcia** the **Foster Health Aide**. I started off as a para here at Foster for 2 years and toward the end of the school year I was given the pleasure to become the person that takes care of your littles when they don't feel well or have an owie! **Mary Bateman** is Foster's amazing **RN**, this is her fourth year at Foster!

Just a few back to school reminders for the 2022/2023 school year:

Please make sure your child is **up to date** on their immunizations, and provide the health room with an updated immunization document.

If your child has any medication (inhaler, epi pen, and any over the counter meds) that they take and it is needed at school please provide the **correct documentation** to the health room from your child's doctor with their signature and **your signature**.

If your **child is sick**, we ask that you please **keep your child home**. This will ensure all students at Foster stay healthy.

Jeffco public schools will not provide masks this year for students. If you wish for your child to wear a mask to school they are more than welcome to bring one from home.

I look forward to getting to know all of the students at foster this, and grow close with our Foster families! This is going to be a great school year!!

Chaley Garcia





Dear Parent or Guardian,

Jefferson Center and Jeffco Public Schools have partnered for over 25 years to provide support to children and families in the district. The school-based therapist program is an innovative collaboration, with the primary goal of increasing access to mental health services for students and their families.

Lindsay Stenzel, LSW is the school-based therapist at your child's school. Lindsay will work in partnership with the Foster Dual Language PK-8 staff to support the mental health needs of students. Students may work with Lindsay in therapy for a variety of reasons including, but not limited to, anxiety, depression, anger, behavior issues at school or home, trauma, grief/loss, or issues adjusting to a big change. Lindsay may also teach lessons to students on topics including how their brain works, stopping and thinking, emotional regulation, and effective communication.

When clinicians teach lessons, we collect the minimum necessary data per Medicaid requirements (names, birthdates, and gender) of students in the classes. This is to check for Medicaid coverage and receive reimbursement where available.

Jefferson Center is so excited about continuing our presence in the Foster community! We have heard and witnessed Foster's dedication to giving families and students all of the resources they need to succeed in school, and in life, and we feel lucky to be a part of that vision.

Sincerely,

Your School-Based Team



Join Foster's Parent-Teacher Association This Year!
¡Únase a la Asociación de Padres y Maestros de Foster!



Foster Dual Language PK-8 PTA is a group of parents and teachers working together to support our amazing students by building community! We do this through many fun and informational events and activities throughout the year.

¡La PTA de Foster es un grupo de padres y maestros que trabajan juntos para apoyar a nuestros estudiantes increíbles a construir una comunidad! Hacemos esto a través de varias actividades divertidas e informativas durante el año escolar.

First Meeting: September 8, 2022/Primera Reunión: 8 de septiembre de 2022
6 p.m. at Foster/6 p.m. en Foster
Dinner and childcare provided/Se ofrece cena y cuidado de niños
RSVP/reserve espacio

UPCOMING VOLUNTEER NEEDS / PRÓXIMAS NECESIDADES DE VOLUNTARIOS

September 9 - Picture Day Volunteers (sign up here)/
9 de septiembre - voluntarios el día de la fotos (inscríbete para ser voluntario)
September 29 - Parent Teacher Conferences Pot Luck Meal for Teachers (sign up here)/
29 de septiembre - cena para maestras/maestros durante conferencias (inscríbete para ser voluntario)
October 5 - Fun Run (sign up here)/
5 de octubre - carrera estudiantil para recaudar fondos (inscríbete para ser voluntario)

2022-2023 FOSTER PTA MEETINGS & EVENTS
REUNIONES y EVENTOS de FOSTER 2022-2023

FALL MEETINGS/REUNIONES DE OTOÑO

8 September / septiembre, 6 PM - In person

7 October / octubre, 9 AM - Cafecito

10 November / noviembre, 6 PM - Zoom

13 January / enero, 9 AM - Cafecito

SPRING MEETINGS/REUNIONES DE PRIMAVERA

9 February / febrero, 6 PM – Zoom

10 March / marzo, 9 AM - Cafecito

13 April / abril, 6 PM - In person

FALL EVENTS/EVENTOS DE OTOÑO

8/16 & 8/17 Boohoo-Woohoo Breakfast /
Boohoo-Woohoo Desayuno

10/5 Fun Run / carrera estudiantil para
recaudar fondos

TBD Holiday Toy Market / Mercado de
juguetes

12/14 Winter Festival / Festival de Invierno

SPRING EVENTS/EVENTOS DE PRIMAVERA

2/16 Family Dance / Baile para familias

5//1-5 Staff Appreciation Week / Semana de
apreciación del personal

TBD Spring Carnival / Carnaval de Primavera

****Please note that all events are subject to change or cancelation depending on public health recommendations. / Tenga en cuenta que todos los eventos pueden cambiar o cancelarse, dependiendo de las recomendaciones de salud pública.****

